

20. महिला स्वास्थ्य कार्यकर्ता (एएनएम) (संविदा) के पदों पर भर्ती हेतु परीक्षा की स्कीम एवं पाठ्यक्रम:-

महिला स्वास्थ्य कार्यकर्ता (एएनएम) (संविदा) के पदों पर सीधी भर्ती हेतु परीक्षा की स्कीम निम्नानुसार होगी :-

(i) परीक्षा की स्कीम:-

1. परीक्षा का आयोजन ऑफलाइन किया जाएगा।
2. परीक्षा पेपर का समय 1 घंटा 30 मिनट (90 मिनट)।
3. परीक्षा पेपर बहुविकल्पिय टाईप का रहेगा।
4. प्रश्न पत्र में प्रश्नों की संख्या 100 रहेगी।
5. सभी प्रश्नों के अंक समान होंगे।
6. प्रत्येक प्रश्न 4 अंक को होगा।
7. गलत जवाब दिये जाने पर प्रति प्रश्न नकारात्मक 01 अंक (1/4) काटा जायेगा।

परीक्षा का पाठ्यक्रम

पाठ्यक्रम का विवरण	प्रश्नों की संभावित संख्या
<p>पद से संबंधित न्यूनतम प्रोफेशनल योग्यता के विषयो से संबंधित प्रश्न:-</p> <ul style="list-style-type: none"> • Concept of health, community health practices, health problems and policies, health organization, health agencies, referral system, health team, rural and urban community, community need assessment, communication method and media, counselling and community based rehabilitation. • Essential nutrition, nutritional problem, nutritional assessment and promotion of nutrition. • Structure and functions of human body system, digestive system, respiratory system, genitourinary system, cardiovascular system, nervous system, muscular system, endocrine system and special sensory organs, hygiene of the body and optimal functioning of the body. • Environmental Sanitation, sources of safe water, methods of water purification, disinfections of well, tube well, tank and pond in a village and water borne diseases and prevention, disposal of excreta and waste. • Concept of mental health, defense mechanisms, maladjustment, mental illness ageing process, needs and problems of elderly. • Concept of disease, infection immunity and body defense mechanism immunization, Collection of specimen, disinfection and sterilization and waste disposal. • Common Communicable diseases, Epidemiological concepts-Incidence and prevalence, mortality and morbidity, level of prevention, control & prevention of communicable diseases and Epidemic management. • Health assessment, identification of health problems, management of the sick with body system disorder and diseases, and care of handicaps. • Different systems of Medicine: Allopathic & AYUSH, classification of drugs, Administration of drugs, standing order, drugs used in minor ailments, and common emergency drugs. • Minor injuries & ailments, Need for first aid, fractures and life threatening conditions such as Bleeding, drowning, strangulation etc. • Growth & development in infants and children, care in infants & children, accidents causes, precautions and preventions, congenital anomalies & health problems, Children's rights, care of the sick child, school children and adolescents. • Human Reproductive system, Menstrual Cycle, Process of Conception, Types of pelvis, foetal Skull, Growth and development of foetus, structure & function of placenta, Normal & Abnormal pregnancies, Physiological changes during pregnancy, minor ailments during pregnancy and their management, Antenatal care, normal labour, care during normal labour, normal puerperium, care of Newborn, High risk new born, High risk pregnancies, abortion, abnormal child birth, abnormal puerperium, surgical intervention in the mother during Labour, Medications used in midwifery, RTI's & STI's, Infertility and family welfare. • Organization & functions of sub centre, maintenance of supplies, drugs, equipment, store, indenting etc. Management information and evaluation Systems (MIES), Implementation of national Health Programme and continuing Education. 	55

• राष्ट्रीय स्वास्थ्य मिशन के अन्तर्गत संचालित कार्यक्रमों/योजनाओं से संबंधित प्रश्न	15
• राजस्थान के संबंध में सामान्य ज्ञान (राजस्थान का विकास, भूगोल, इतिहास, परम्परा एवं विरासत, स्थापत्य कला, महत्वपूर्ण किले, स्मारक, लोक मेले, संगीत, त्यौहार, संस्कृति, पर्यटन स्थल, भाषा, साहित्य, कृतियां एवं बोलियां आदि)	5
• समसामयिक घटनायें (अन्तरराष्ट्रीय, राष्ट्रीय व राज्य स्तरीय)	5
• कम्प्यूटर से संबंधित विषयवस्तु	5
• सामान्य चिकित्सा, स्वास्थ्य, पोषण, स्वच्छता से संबंधित सामान्य ज्ञान से संबंधित प्रश्न	15
कुल	100